



Santa Rosa Junior Hockey Club

Redwood Empire Ice Arena, 1667 W. Steele Lane, Santa Rosa CA 95403

www.santarosaflyers.org

President: Anne Woida, email: awoida@santarosaflyers.org

Welcome back to another season of hockey! We anticipate that this is going to be another great year for the Flyers. I am looking forward to another fun filled season with the players and families that make this Club such a joy to represent.

We have a few things to update. First the fee structure for the coming 2009-10 season will increase from last year. **The House team fees will be \$350.00 per session.** Be sure to check the web site for updates and schedules. **Please note financial aid is available. Applications are due by August 21, 2009.**

Signups will take place on two dates this year, August 6 at 6:00 pm and August 27 at the same time. The first house ice session will begin on Saturday August 29. As an integral part of the club, we want to make sure House parents are informed about what is happening so that players can derive the greatest benefit from club membership. Please join us for a brief meeting for House parents that will take place on August 27, 2009 at 6 pm. The meeting will give you a chance to meet some of the board members and hear about the plans for the upcoming season. The meeting will take place prior to the final sign up session.

Attached are the registration forms you'll need for the upcoming season. If you need additional forms or information please contact the Club Registrar, Heidi Pabros. **If you have additional questions about the House Program, please contact John Izzo at jizzo@santarosaflyers.org.**

In addition, please register for USA Hockey online at the USA Hockey website. Note that USA Hockey membership runs from May 1st through April 30th now, so a renewed membership for 2009-2010 is required before attending tryouts.

All completed registration material, proof of USA Hockey Membership and payment of fees are required to be submitted prior to a player being allowed on the ice. Players without 2009-2010 USA Hockey membership will not be allowed to skate.

Please feel free to contact me directly with any questions, suggestions or if I may be of assistance to you this season. Welcome back to what promises to be another great year!

Anne Woida
President
Santa Rosa Junior Hockey Club

**Registration CHECKLIST
2009-2010 Season**

- _____ **Check or Money Order made payable to the SRJHC for \$350 due at registration**

- _____ **Completed House Player Registration Forms**

- _____ **Receipt showing USA Hockey membership for 2009-2010 from the USA Hockey website:
<https://www.usahockeyregistration.com> (Must be done in ADVANCE OF REGISTRATION)**

- _____ **USA Hockey Consent to Treat and Medical History**

- _____ **USA Hockey Code of Conduct**

- _____ **Uniform Order – IF Needed (to be done the night of registration)**

General Instructions

All players are required to wear USA Hockey approved equipment, including 2 jerseys: 1 dark and 1 light at \$20 per jersey.

Dues include the following: Practices and home game ice slots.

Dues do not include:

- Individual USA Hockey Registration
- Jerseys (required- returning players may use prior year house jerseys)
- Tournament/Special event fees (where applicable)

PLEASE NOTE: Scholarships are available. Applications are due by August 21. Please visit www.santarosaflyers.org for scholarship applications. Please note that these must be filled out completely and turned in on time to receive consideration.

Santa Rosa Junior Hockey Club

PLAYER REGISTRATION FORM Fall 2009 House Program

Player's Name: _____ Birth date : _____
First/Last MM/DD/YY

Male ___ Female ___ **Player's e-mail:** _____

School attending: _____ Grade entering: _____

All players play in their appropriate age group

Age group: Mite (born on or after 1/1/2001) ___ Bantam (born 1995-1996) ___
 Squirt (born 1999-2000) ___ Midget 16 (born 1993-1994) ___
 Peewee (born 1997-1998) ___ Midget 18 (born 1991-1991) ___

During last season I played for the _____

	Father/Guardian 1	Mother/Guardian 2
Name		
Address		
City, Zip Code		
Home Phone		
Work Phone		
Cell Phone		
Occupation		
E-mail address		

If parents live apart: with whom does the player reside? ___ FATHER ___ MOTHER ___ BOTH
 who is responsible for payments? ___ FATHER ___ MOTHER ___ BOTH

Can SRJHC print the above parent/player info in the club directory (to be used by club members only)? Yes ___ No ___

PARENTAL CONSENT AND RELEASE AGREEMENT

I, _____, the parent or legal guardian of _____, wish to have my child **play in the Santa Rosa Flyers House Program**. I give my full and complete permission to have my child participate in **this activity**, and further agree as follows:

- I recognize that personal injury is a risk of participating in any youth ice hockey program. The ice surface is hard and will experience chips, holes, ridges and other surface irregularities. Players may lose their balance and fall, and may at times collide with or be struck by sticks, pucks, the surrounding boards, the ice surface itself or other players. I give full consent and permission to allow my child to participate in this recreational activity with full knowledge of such risks.
- I hereby agree to release and hold harmless the Santa Rosa Junior Hockey Club from any and all liability for injury to my child sustained in the course of his/her participation in their Program, and further agree to indemnify and hold harmless the Santa Rosa Junior Hockey Club from any and all claims of liability or for personal injury damages arising out of my child's participation in the Program, including without limitation claims of negligence or strict liability allegedly causing injury to my child during the conduct of the Program.

Date: _____

 Print Name

 Parent/Guardian signature

Northern California Junior Hockey Association Code of Conduct and Standards of Behavior

Introduction

In personal development throughout youth sports, the player, his/her parents, coaches and administrators play a critical role. To insure that all participants' work together to get the optimum benefits from a great sport like youth hockey, they need to be on the same page regarding their roles and responsibilities. Each must understand and respect his/her relationship with the other, the commitments they share and their requirements as a member of their team, their club, Northern California Junior Hockey Association (NORCAL), California Amateur Hockey Association, Nevada Amateur Hockey Association, and USA Hockey.

Participants must also recognize that to achieve complete success, they should understand both the values and goals of NORCAL and its Rules and Regulations. The Code of Conduct and Standards of Behavior contained herein has been developed to aid the participants in achieving a level of behavior that will allow all concerned to maximize the benefits of youth hockey development and guide the athlete in becoming a well-rounded, self confident and productive human being.

Three critical points are required to achieve a positive and healthy relationship between players, parents and coaches. They are to clearly define the roles of each participant, establish rules of behavior, and insure communications of expected conduct to all parties. The contention is that a clear understanding will help to prevent or curtail negative behavior.

Sportsmanship

A growing problem in youth sports today is the all-too common attitude that winning is everything. Nothing could be further from the truth, and Northern California Junior Hockey Association believes this attitude can contribute to players, coaches, and parents displaying a lack of good sportsmanship.

In any athletic contest, the competitors should do their best to try and win. After all, striving to win is a part of healthy competition. However, winning or losing is only a result—it should not be the reason we play the game. In addition, we sometimes need to be reminded to respect the opponents and that without them there is no game. We need to applaud good plays by both our team and by members of the opposing team.

Everyone in the game, including the parents and spectators, should have a sense of fair play. Satisfaction for players, coaches, parents and spectators should come from watching athletes playing their hardest and doing their best. There is a big difference between losing and being a loser. If one has done his/her best and played within the rules, a player is never a loser. By the same token, a team may score the most goals in the game, but if the participants aren't humble in victory or played without respect for their opponent, they aren't winners.

Responsibilities

The Code of Conduct and Standards of Behavior for Northern California Junior Hockey Association is centered on and incorporates the USA Hockey Codes of Conduct. The various code provisions give a solid foundation for expectations and goals. The codes set the ground rules, standards of behavior and establish a perspective regarding the objectives of a youth hockey program. USA Hockey has emphasized a Zero Tolerance Policy for inappropriate behavior and has implemented a Parent Awareness Program. USA Hockey publishes a Code of Conduct for players, parents and coaches in its Annual Guide.

Any coach, parent or spectator breaking any of the NORCAL Rules and Regulations or violating the Code of Conduct and Standards of Behavior may be suspended for a specified or indefinite period of time based on a review and ruling by the NORCAL Executive Board.

General Communication Code of Conduct

- The use of profane, abusive, obscene or threatening language or gestures in any type of communication to anyone connected with NORCAL hockey in any situations whether game related or outside game situations is unacceptable and is not allowed. Examples of the types of communication covered by this code include, but are not limited to, face-to-face verbal communication, telephone calls, written communication, emails, web site articles, voice mail messages and any other form of communication.
- The communication code covers parents, spectators, on-ice officials, off-ice officials, club officials, league officials, players, coaches, relatives of any of these groups and anyone else connected with the sport of ice hockey.

Administrators Code of Conduct

- Follow the rules and regulations of USA Hockey and your association to ensure that the association's philosophy and objectives are enhanced.
- Support programs that train and educate players, coaches, parents, officials and volunteers.
- Promote and publicize our programs; seek out financial support when possible.
- Communicate with parents by holding parent/player orientation meetings as well as by being available to answer questions and address problems throughout the season.
- Work to provide programs that encompass fairness to the participants and promote fair play and sportsmanship.
- Recruit volunteers, including coaches who demonstrate qualities conducive to being role models to the youth in our sport.
- Encourage coaches and officials to attend USA Hockey clinics, and advise your board member of the necessity for their training sessions.
- Make every possible attempt to provide everyone, at all skills levels, with a place to play.
- Read and be familiar with the contents of the USA Hockey Annual Guide and Official Playing Rules.
- Develop other administrators to advance to positions in your association, perhaps even your own.

Coaches Code of Conduct

- Understand that winning is a consideration, but not the only one, nor the most important one. Care more about the player than winning the game.
- Remember players are involved in hockey for fun and enjoyment. Be reasonable, remembering that players have other interests and obligations.
- Teach players to play fairly and to respect the rules, officials and opponents.
- Be a positive role model to players, display emotional maturity and be alert to the physical safety of players.
- Ensure that player behavior is acceptable and non-threatening for all participants.
- Be generous with your praise when it is deserved; be consistent and honest; be fair and just; do not criticize players publicly; learn to be a more effective communicator and coach, don't yell at players.
- Adjust to personal needs and problems of players, be a good listener, never verbally or physically abuse a player or official; give all players the opportunity to improve their skills, gain confidence and develop self-esteem; teach them the basics. Give each team member a fair and honest chance to play.
- Organize practices that are fun and challenging for players. Familiarize yourself with the rules, techniques and strategies of hockey; encourage players to be team players.
- Maintain an open line of communication with players' parents. Explain the goals and objectives of your club/association.
- Be concerned with the overall development of players. Stress good health habits and clean living.
- Treat everyone fairly, regardless of gender, place of origin, color, sexual orientation, religion, political belief or economic status.
- Abstain from use of tobacco, drinking alcoholic beverages, illegal substances; performance enhancing or mind-altering drugs at any NORCAL sanctioned activity or event.
- Understand and teach players that to play the game is great; to love the game is greater.

Off-Ice Officials Code of Conduct

- Off-ice officials are defined as Scorekeepers, Timekeepers, Penalty Box Attendants, Shot Counters, PA Announcers, Locker Room Monitors and anyone else assigned by the league or the home club to work at a game, excluding players, coaches and on-ice officials.
- Off-ice officials are to remain neutral at all times and should make sure that they are not cheering for or against any players or teams on the ice while they are serving in their capacity as an off-ice official.
- Off-ice officials must not interfere with the game under any circumstances unless it is specific to their job.
- Off-ice officials should refrain from talking to players, coaches, spectators and on-ice officials at all times unless it is a discussion required by or specific to their job. Appropriate discussions would be a penalty box attendant or time keeper informing a player when a penalty expires or a shot counter providing shot totals to an on-ice official or a scorekeeper asking for a penalty clarification in order to correctly record a penalty.
- Off-ice officials should ensure that they know the job expectations for their off-ice officials' position and that they are technically proficient in any skills required for that position. Examples include that a timekeeper must know how to correctly operate the scoreboard/time clock, a PA Announcer must know how to operate the PA system, the scorekeeper must know how to correctly fill out a NORCAL score sheet, etc.
- Off-ice officials should read and be familiar with the contents of the USA Hockey Annual Guide and Official Playing Rules, the CAHA Rules and the NORCAL Rules.
- **Off-ice officials should abstain from use of tobacco, drinking alcoholic beverages, using illegal substances or mind-altering drugs at any NORCAL sanctioned activity or event.**

On-Ice Officials Code of Conduct

- Act in a professional and businesslike manner at all times and take your role seriously.
- Strive to provide a safe and sportsmanlike environment in which players can properly display their hockey skills.
- Know all playing rules, their interpretations and their proper application.
- Remember that officials are teachers. Set a good example.
- Make your calls with quiet confidence; never with arrogance.
- Control games only to the extent that is necessary to provide a positive and safe experience for all participants.
- Violence must never be tolerated.
- Be fair and impartial at all times.
- Answer all reasonable questions and requests.
- Adopt a "zero tolerance" attitude toward verbal or physical abuse.
- Never use foul or vulgar language when speaking with a player, coach or parent.
- Use honesty and integrity when answering questions.
- Admit your mistakes when you make them,
- Never openly criticize a coach, player or other officials.
- Keep your emotions under control.
- Use only USA Hockey-approved officiating techniques and policies.
- Maintain your health through a physical conditioning program.
- Dedicate yourself to personal improvement and maintenance of officiating skills.
- Respect your supervisor and his/her critique of your performance.

Parents Code of Conduct

- Do not force players to participate in sports, but support their desires to play their chosen sport. Participants are involved in organized sports for their enjoyment. Make it fun.
- Encourage players to play by the rules. Remember, young players learn best by example, so applaud the good plays of both teams.
- Be respectful of and do not embarrass a participant by yelling at players, coaches, officials or other parents. By showing a positive attitude toward the game and all of its participants, the player will benefit.
- Emphasize skill development and practices and how they benefit your young athlete. De-emphasize games and competition in the lower age groups.
- Know and study the rules of the game, and support the officials on and off the ice. This approach will help in the development and support of the game. Any criticism of the officials only hurts the game.

- Applaud a good effort in both victory and defeat, and enforce the positive points of the game. Recognize good plays by both your team and the opposing team with applause. Act appropriately; do not taunt or disturb other fans; enjoy the game together.
- Never yell or physically abuse a player after a game or practice - it is destructive. Work toward removing the physical and verbal abuse in youth sports.
- Recognize the importance of volunteer coaches. They are important to the development of young athletes and the sport. Communicate with coaches, support their decisions and trust their judgment and integrity.
- If you enjoy the game, learn all you can about hockey – and volunteer.

Players Code of Conduct

- Play for FUN.
- Abide by the rules of my team, my club, Northern California Junior Hockey Association, California Amateur Hockey Association, and USA Hockey.
- Work hard to improve your skills.
- Be a team player - get along with your teammates in a team environment. Never place blame for a loss or tie on teammates. Understand that you win or lose as a team.
- Learn teamwork, sportsmanship and discipline.
- Be on time for practices and games.
- Learn the rules and play by them. Always be a good sport.
- Respect and refrain from public criticism of your coach, your teammates, your parents, opponents and officials.
- Never argue with an official's decision. No lashing out at any official no matter what the call is. Let the coaching staff handle all matters pertaining to officiating.
- Anyone who receives a penalty will skate directly to the penalty box.
- Understand that fighting or fisticuffs will not be tolerated and can result disciplinary measures by the NORCAL Executive Committee.
- Treat everyone fairly, regardless of gender, place of origin, color, sexual orientation, religion, political belief or economic status.
- Abstain from use of tobacco, drinking alcoholic beverages, use of illegal substances, and use of performance enhancing or mind-altering drugs.

Spectators Code of Conduct

- Display good sportsmanship. Always respect players, coaches and officials
- Act appropriately; do not taunt or disturb other fans; enjoy the game together.
- Cheer good plays of all participants; avoid booing opponents.
- Cheer in a positive manner and encourage fair play; profanity and objectionable cheers or gestures are offensive.
- Help provide a safe and fun environment; throwing any items on the ice surface can cause injury to players and officials.
- Be responsible for your own safety - be alert to prevent accidents from flying pucks and other avoidable situations.
- Do not lean over or pound on the glass. The glass surrounding the ice surface is part of the playing area.
- Support the on-ice and off-ice officials and coaches by trusting their judgment and integrity
- Respect locker rooms as private areas for players, coaches and officials.
- Be supportive after the game – win or lose. Recognize good effort, teamwork and sportsmanship.
- Treat everyone fairly, regardless of gender, place of origin, color, sexual orientation, religion, political belief or economic status.
- **Abstain from use of tobacco, drinking alcoholic beverages, using illegal substances or mind-altering drugs at any NORCAL sanctioned activity or event.**

Northern California Junior Hockey Association
Code of Conduct Agreement

The undersigned player, coach, parent or guardian acknowledges that Northern California Junior Hockey Association (NORCAL) has adopted a Rules and Regulations and Code of Conduct and Standards of Behavior for players, parents, and coaches and that each of the undersigned has individually read, understands, has agreed to adhere to such currently issued Rules and Regulations and Code of Conduct and Standards of Behavior.

Player:

I have read, understand, and agree to be held accountable for behavior contrary to the Rules and Regulations and Code of Conduct and Standards of Behavior of Northern California Junior Hockey Association.

Printed Name _____

Player's Signature _____ Date _____

Parents or Guardians:

I/we have read, understand, and agree to be held accountable for behavior contrary to the Rules and Regulations and Code of Conduct Standards of Behavior of Northern California Junior Hockey Association.

Printed Name (1) _____

Parent/Guardian's Signature _____ Date _____

Printed Name (2) _____

Parent/Guardian's Signature _____ Date _____

Coach: (Coaches are required to sign the agreements for each of their players as well as complete a separate agreement for themselves)

I have read, understand, and agree to be held accountable for behavior contrary to the Rules and Regulations and Code of Conduct and Standards of Northern California Junior Hockey Association.

Printed Name _____

Coach's Signature _____ Date _____

NORCAL Member Club: Santa Rosa Junior Hockey Club